

# Self-esteem for kids

By Megan Fischer

Wendy Collier will launch her children's book *Being Different is Cool: A Self Esteem Angel Story* at the North Hill Inn in Red Deer on November 15.

The story, which was written and illustrated by Collier, follows the self-esteem angel as she guides Melanie, Shane and Ashley through the problems of prejudice and teasing to positive self-esteem.

Collier wrote the book for her nieces and nephews.

"I wanted them to grow up with positive self-esteem and have the life skills to deal

with teasing," said Collier.

"Self-esteem helps us to be confident, gives us the courage to try new things, makes us less afraid and helps us to build positive and meaningful relationships."

The event on November 15 will help raise money to distribute the story to local schools, the Christmas Bureau, the hospital and the Women's Shelter.

Costumers will be able to choose which organization they would like to support.

Fundraising will run from November 15 to December 15.

The event, which is sponsored by Short Stop Conve-

nience Stores, the North Hill Inn, Prolific Group, CKGY/Z99 and the Red Deer Express will feature an introduction to children's self esteem and a live interpretation of the story preformed by the Treehouse Youth Theatre.

"The community support of this project has been tremendous," said Collier.

Collier is planning several other children's books about self-esteem and unconditional love.

"Being Different Is Cool: A Self-Esteem Angel Story can be found at Colliers Web site [www.angelbooks.ca](http://www.angelbooks.ca) or at the launch.



Wendy Collier holds up an example of her new book, 'Being Different is Cool: A Self-Esteem Angel Story.' The book will be launched on Nov. 15 at the North Hill Inn. Scott Van Seggelen/staffphoto